CLAIMS

- 1 1. A hand puppet for use with a child who has suffered an injury or trauma, comprising:
- a puppet suitable for an adult's hand being inserted therein and said puppet having a body portion and a head portion;
- 5 (B) a pouch disposed in the body portion of the puppet such that it is contigu-6 ous to the palm of the person's hand when inserted into the puppet; and
- (C) a removable element receivable within said pouch that is capable of providing a cold or heat therapy to a body portion of a child, whereby when the element is removed the puppet remains usable as a hand puppet and retains the appearance a usable child's toy.
- The hand puppet as defined in claim 1 further comprising a temperature transferming material configured in the pouch generally disposed where the palm of the hand is located when a user is wearing the hand puppet.
- The hand puppet as defined in claim 1 wherein the head portion is an animal shape.
- 1 4. The hand puppet as defined in claim 1 wherein the head portion is a character shape.